

Official Practice Ice									
2025 Boston Synchronized Skating Classic									
Norwood, MA									
WEST RINK									
FRIDAY NOVEMBER 21, 2025									
TEAM	Division	WU #	Enter WU	Exit WU	Prep	Arrive Rink	Enter Ice	Exit Ice	Leave Rink
						ICE MAKE	5:55 PM	6:10 PM	
The Colonials	Masters	6	5:30 PM	5:50 PM		5:55 PM	6:10 PM	6:18 PM	6:28 PM
Esprit de Corps	Masters	7	5:38 PM	5:58 PM		6:03 PM	6:18 PM	6:26 PM	6:36 PM
The Colonials Blue	Aspire 1	5	5:46 PM	6:06 PM		6:11 PM	6:26 PM	6:32 PM	6:42 PM
NESC Lollipops	Aspire 1	6	5:52 PM	6:12 PM		6:17 PM	6:32 PM	6:38 PM	6:48 PM
Team Excel Red	Aspire 1	5	5:58 PM	6:18 PM		6:23 PM	6:38 PM	6:44 PM	6:54 PM
Team Excel Blue	Aspire 1	6	6:04 PM	6:24 PM		6:29 PM	6:44 PM	6:50 PM	7:00 PM
Synchro Stars	Aspire 1	7	6:10 PM	6:30 PM		6:35 PM	6:50 PM	6:56 PM	7:06 PM
UNOFFICIAL PRACTICE ICE RESUMES									
SATURDAY NOVEMBER 22, 2025									
TEAM	Division	WU #	Enter WU	Exit WU	Prep	Arrive Rink	Enter Ice	Exit Ice	Leave Rink
						ICE MAKE	9:20 AM	9:35 AM	
Lower Cape Synchro	Aspire 3	5	9:00 AM	9:15 AM		9:20 AM	9:35 AM	9:41 AM	9:51 AM
The Sharper Edge	Aspire 3	6	9:06 AM	9:21 AM		9:26 AM	9:41 AM	9:47 AM	9:57 AM
Team Excel Orange	Aspire 3	7	9:12 AM	9:27 AM		9:32 AM	9:47 AM	9:53 AM	10:03 AM
Aviator Ice Dazzlers	Aspire 3	5	9:18 AM	9:33 AM		9:38 AM	9:53 AM	9:59 AM	10:09 AM
NESC Icicles	Aspire 3	6	9:24 AM	9:39 AM		9:44 AM	9:59 AM	10:05 AM	10:15 AM
UNOFFICIAL PRACTICE ICE RESUMES									
						ICE MAKE	10:35 AM	10:50 AM	
Team Reflections	Aspire 2	6	10:15 AM	10:30 AM		10:35 AM	10:50 AM	10:56 AM	11:06 AM
Dix Hills Ice Chips	Aspire 2	7	10:21 AM	10:36 AM		10:41 AM	10:56 AM	11:02 AM	11:12 AM
Team Excel Purple	Aspire 2	8	10:27 AM	10:42 AM		10:47 AM	11:02 AM	11:08 AM	11:18 AM
The Colonials Gold	Aspire 2	6	10:33 AM	10:48 AM		10:53 AM	11:08 AM	11:14 AM	11:24 AM
Philly Spirit Starlets	Aspire 2	7	10:39 AM	10:54 AM		10:59 AM	11:14 AM	11:20 AM	11:30 AM
UNOFFICIAL PRACTICE ICE RESUMES									
						ICE MAKE	3:35 PM	3:50 PM	
Team Excel Yellow	Aspire 2	5	3:15 PM	3:30 PM		3:35 PM	3:50 PM	3:56 PM	4:06 PM
Aviator Ice Dazzlers	Aspire 2	6	3:21 PM	3:36 PM		3:41 PM	3:56 PM	4:02 PM	4:12 PM
NESC Popsicles	Aspire 2	7	3:27 PM	3:42 PM		3:47 PM	4:02 PM	4:08 PM	4:18 PM
The Colonials	Open Adult	8	3:33 PM	3:48 PM		3:53 PM	4:08 PM	4:16 PM	4:26 PM
Philly Spirit	Open Adult	5	3:41 PM	3:56 PM		4:01 PM	4:16 PM	4:24 PM	4:34 PM
Team Reflections	Open Adult	7	3:49 PM	4:04 PM		4:09 PM	4:24 PM	4:32 PM	4:42 PM
Gotham City Synchro	Open Adult	5	3:57 PM	4:12 PM		4:17 PM	4:32 PM	4:40 PM	4:50 PM
Team Excel	Open Adult	7	4:05 PM	4:20 PM		4:25 PM	4:40 PM	4:48 PM	4:58 PM
UNOFFICIAL PRACTICE ICE RESUMES									
						ICE MAKE	7:15 PM	7:30 PM	
Umass Amherst	Open Collegiate	5	6:50 PM	7:10 PM		7:15 PM	7:30 PM	7:38 PM	7:48 PM
University of New Hampshire	Open Collegiate	6	6:58 PM	7:18 PM		7:23 PM	7:38 PM	7:46 PM	7:56 PM
University of Vermont	Open Collegiate	7	7:06 PM	7:26 PM		7:31 PM	7:46 PM	7:54 PM	8:04 PM</

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Official Practice Ice Friday, November 21, 2025									
2025 Boston Synchronized Skating Classic									
Norwood, MA									
Performance Center									

9/23/2025

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