

Official Practice Ice									
2026 Boston Synchronized Skating Classic									
Norwood, MA									
WEST RINK									
									
FRIDAY NOVEMBER 20, 2026									
TEAM	Division	WU #	Enter WU	Exit WU	Prep	Arrive Rink	Enter Ice	Exit Ice	Leave Rink
						ICE MAKE	5:55 PM	6:10 PM	
The Colonials	Masters		5:30 PM	5:50 PM		5:55 PM	6:10 PM	6:18 PM	6:33 PM
Esprit de Corps	Masters		5:38 PM	5:58 PM		6:03 PM	6:18 PM	6:26 PM	6:41 PM
Team Excel	Masters		5:46 PM	6:06 PM		6:11 PM	6:26 PM	6:32 PM	6:47 PM
UNOFFICIAL PRACTICE ICE RESUMES									
SATURDAY NOVEMBER 21, 2026									
TEAM	Division	WU #	Enter WU	Exit WU		Arrive Rink	Enter Ice	Exit Ice	Leave Rink
						ICE MAKE	9:00 AM	9:15 AM	
Team Ashburn Blue	Aspire 3		8:40 AM	8:55 AM		9:00 AM	9:15 AM	9:21 AM	9:36 AM
Team Reflections	Aspire 3		8:46 AM	9:01 AM		9:06 AM	9:21 AM	9:27 AM	9:42 AM
Ice Dazzlers	Aspire 3		8:52 AM	9:07 AM		9:12 AM	9:27 AM	9:33 AM	9:48 AM
Mirror Images	Aspire 3		8:58 AM	9:13 AM		9:18 AM	9:33 AM	9:39 AM	9:54 AM
The Colonials White	Aspire 3		9:04 AM	9:19 AM		9:24 AM	9:39 AM	9:45 AM	10:00 AM
Team Image Black	Aspire 3		9:10 AM	9:25 AM		9:30 AM	9:45 AM	9:51 AM	10:06 AM
						ICE MAKE	9:51 AM	10:06 AM	
Team Ashburn White	Aspire 3		9:31 AM	9:46 AM		9:51 AM	10:06 AM	10:12 AM	10:27 AM
Palm Beach Blades Coral	Aspire 3		9:37 AM	9:52 AM		9:57 AM	10:12 AM	10:18 AM	10:33 AM
Team Delaware	Aspire 3		9:43 AM	9:58 AM		10:03 AM	10:18 AM	10:24 AM	10:39 AM
Team Image Platinum	Aspire 3		9:49 AM	10:04 AM		10:09 AM	10:24 AM	10:30 AM	10:45 AM
Connecticut Rinkettes	Aspire 3		9:55 AM	10:10 AM		10:15 AM	10:30 AM	10:36 AM	10:51 AM
Team Excel - Orange	Aspire 3		10:01 AM	10:16 AM		10:21 AM	10:36 AM	10:42 AM	10:57 AM
UNOFFICIAL PRACTICE ICE RESUMES									
						ICE MAKE	12:25 PM	12:40 PM	
NESC Synchro	Aspire 1		12:05 PM	12:20 PM		12:25 PM	12:40 PM	12:46 PM	1:01 PM
Team Excel - Blue	Aspire 1		12:11 PM	12:26 PM		12:31 PM	12:46 PM	12:52 PM	1:07 PM
Team Image Platinum	Aspire 1		12:17 PM	12:32 PM		12:37 PM	12:52 PM	12:58 PM	1:13 PM
Synchro Stars	Aspire 1		12:23 PM	12:38 PM		12:43 PM	12:58 PM	1:06 PM	1:21 PM
Ice Dazzlers	Aspire 1		12:31 PM	12:46 PM		12:51 PM	1:06 PM	1:14 PM	1:29 PM
Team Image Black	Aspire 1		12:39 PM	12:54 PM		12:59 PM	1:14 PM	1:22 PM	1:37 PM
Team Excel - Red	Aspire 1		12:47 PM	1:02 PM		1:07 PM	1:22 PM	1:30 PM	1:45 PM
The Colonials Blue	Aspire 1		12:55 PM	1:10 PM		1:15 PM	1:30 PM	1:38 PM	1:53 PM
						ICE MAKE	1:38 PM	1:53 PM	
Team Tenacity	Open Adult		1:18 PM	1:33 PM		1:38 PM	1:53 PM	1:59 PM	2:14 PM
River Valley Synchro	Open Adult		1:24 PM	1:39 PM		1:44 PM	1:59 PM	2:05 PM	2:20 PM
CT Ice Fusion	Open Adult		1:30 PM	1:45 PM		1:50 PM	2:05 PM	2:11 PM	2:26 PM
Team Reflections	Open Adult		1:36 PM	1:51 PM		1:56 PM	2:11 PM	2:19 PM	2:34 PM
Alchemy Synchro Team	Open Adult		1:44 PM	1:59 PM		2:04 PM	2:19 PM	2:27 PM	2:42 PM
Gardens Synchronicity	Open Adult		1:52 PM	2:07 PM		2:12 PM	2:27 PM	2:35 PM	2:50 PM
Team Excel	Open Adult		2:00 PM	2:15 PM		2:20 PM	2:35 PM	2:43 PM	2:58 PM
The Colonials	Open Adult		2:08 PM	2:23 PM		2:28 PM	2:43 PM	2:51 PM	3:06 PM
Sharper Edge	Open Adult		2:16 PM	2:31 PM		2:36 PM	2:51 PM	2:59 PM	3:14 PM
UNOFFICIAL PRACTICE ICE RESUMES									
						ICE MAKE	6:00 PM	6:15 PM	
Liberty University	Open Collegiate		5:40 PM	5:55 PM		6:00 PM	6:15 PM	6:23 PM	6:38 PM
University of Maryland	Open Collegiate		5:48 PM	6:03 PM		6:08 PM	6:23 PM	6:31 PM	6:46 PM
University of Vermont	Open Collegiate		5:56 PM	6:11 PM		6:16 PM	6:31 PM	6:39 PM	6:54 PM
Univeristy of New Hampshire	Open Collegiate		6:04 PM	6:19 PM		6:24 PM	6:39 PM	6:47 PM	7:02 PM
Cornell University	Open Collegiate		6:12 PM	6:27 PM		6:32 PM	6:47 PM	6:55 PM	7:10 PM
Princeton University SST	Open Collegiate		6:20 PM	6:35 PM		6:40 PM	6:55 PM	7:03 PM	7:18 PM
UNOFFICIAL PRACTICE ICE RESUMES									
SUNDAY NOVEMBER 22, 2026									

[illegible]

Official Practice Ice Sunday, November 22, 2026									
2026 Boston Synchronized Skating Classic									
Norwood, MA									
Performance Center									
									
TEAM	Division	WU #	Enter WU	Exit WU	DR #	Enter DR	Enter Ice	Exit Ice	Exit DR
	Junior Free*	2	6:20 AM	6:40 AM	6	6:45 AM	7:00 AM	7:11 AM	7:26 AM
	Junior Free*	3	6:31 AM	6:51 AM	7	6:56 AM	7:11 AM	7:22 AM	7:37 AM
	Junior Free*	4	6:42 AM	7:02 AM	8	7:07 AM	7:22 AM	7:33 AM	7:48 AM
						ICE MAKE	7:33 AM	7:48 AM	
	Junior Free*	1	7:08 AM	7:28 AM	1	7:33 AM	7:48 AM	7:59 AM	8:14 AM
	Junior Free*	2	7:19 AM	7:39 AM	2	7:44 AM	7:59 AM	8:10 AM	8:25 AM
	Junior Free*	3	7:30 AM	7:50 AM	3	7:55 AM	8:10 AM	8:21 AM	8:36 AM
	Junior Free**	4	7:41 AM	8:01 AM	4	8:06 AM	8:21 AM	8:32 AM	8:47 AM
						ICE MAKE	8:32 AM	8:47 AM	
	Senior Free**	1	8:07 AM	8:27 AM	5	8:32 AM	8:47 AM	8:59 AM	9:14 AM
	Senior Free**	2	8:19 AM	8:39 AM	6	8:44 AM	8:59 AM	9:11 AM	9:26 AM
	Senior Free**	3	8:31 AM	8:51 AM	7	8:56 AM	9:11 AM	9:23 AM	9:38 AM
	Senior Free**	4	8:43 AM	9:03 AM	8	9:08 AM	9:23 AM	9:35 AM	9:50 AM
DRY CUT & ICE MAKE							9:35 AM	10:05 AM	
* denotes 11 minute session									
** denotes 12 minute session									
9/24/2026									